

Department of Parks and Recreation

Winter 2019



The mission of the Department of Parks and Recreation is to promote a healthier life-style and enhance the quality of life of Huntington Park residents by creating affordable, accessible and equitable recreational opportunities through innovative programming and services.

Health and Education Expo!

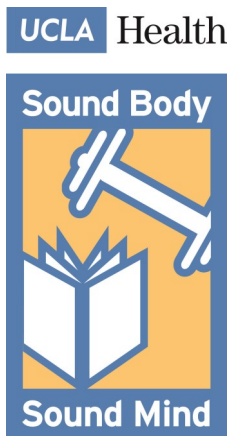
A day of fun and wellness for the entire family.

Join the City of Huntington Park in its fourth annual health and education exposition and second annual 5k fun run.

The event features local groups and free resources, friendly competitions and challenges, and performances by local talent.

The event is for the whole family.

To participate, table at the event, or sponsor please contact the Parks and Recreation Center at 323-584-6218 or visit www.hpca.gov.



Memorial Day

The City of Huntington Park will be hosting its annual Memorial Day Ceremony. City officials will partake in the special event ceremony to remember and honor military personnel who passed in the service of our country. Free refreshments will be provided by City of Huntington Park. The date and time will be determine, please contact the Parks and Recreation Center at 323-584-6218 or visit www.hpca.gov for more information.



Splash Pads

Splash Pads Freedom Park

May 25th - September 2nd

Hours of Operation

Wednesday, Friday and Saturday: 2pm-5pm

Salt Lake Park

May 25th - June 7th

Hours of Operation

Monday - Friday: 2pm - 6pm

Saturday and Sunday: 12pm-6pm

June 8th - September 2nd

Hours of Operation

Monday - Friday: 12pm - 6pm

Saturday - Sunday: 12pm-6pm

All rules and regulations must be followed during admission into the splash pad. Individuals who fail to abide by the rules and regulation posted by the splash pad will not be able to participate.

Entrance fee: \$1 per person. Swim attire is required to enter facility, no exceptions.

Hiking

Families in Nature is a new program coming to residents of Huntington Park. This is a perfect way to experience our natural beauty from the Pacific Ocean to the Hollywood Hills.

We venture on monthly outings in nature from hikes, beaches, and more. Outings are led by staff who is familiar with the terrain. If you're comfortable walking and being outside in nature while having fun with friends and families, our program is for you.

Check out our schedule at Salt Lake Park for upcoming outings, and if you have any questions, just give us a call.

RECREATION CLASSES

Class availability, dates, and times are subject to change. For more information please contact the Recreation Center at (323) 584-6218.

FITNESS AND WELLNESS

Aerobic Body Toning

Aerobic Body Toning offers a well-balanced and complete workout that will help you improve your cardiovascular fitness coordination and burn calories by learning a choreographed routine to the latest music.

Fee: \$28

Instructor: Estela Ramirez

Location: Salt Lake Park Social Hall (3401 E. Florence Ave.)

1/7/19 to 1/31/19	Mon - Thurs	8:30am - 9:30am	16 classes	Ages: 12+
2/11/19 to 3/7/19	Mon - Thurs	8:30am - 9:30am	16 classes	Ages: 12+
3/18/19 to 4/11/19	Mon - Thurs	8:30am - 9:30am	16 classes	Ages: 12+
4/22/19 to 5/16/19	Mon - Thurs	8:30am - 9:30am	16 classes	Ages: 12+

SPECIAL INTEREST

Ice Skating

Paramount Iceland's enthusiastic and dedicated coaching staff encourages skaters of all ages and all levels to have fun while learning the fundamentals of skating, gliding, turning, stopping....and a trick or two!

Skate rental is included in class fee. Students must wear a helmet.

Fee: \$55

Instructor: Iceland Staff

Location: Paramount Iceland (8041 Jackson St., Paramount, CA 90723)

1/12/19 to 2/2/19	Saturday	11:30am - 12:15pm	4 classes	Ages: 3 - 18
2/16/19 to 3/9/19	Saturday	11:30am - 12:15pm	4 classes	Ages: 3 - 18
3/23/19 to 4/13/19	Saturday	11:30am - 12:15pm	4 classes	Ages: 3 - 18
4/27/19 to 5/18/19	Saturday	11:30am - 12:15pm	4 classes	Ages: 3 - 18

Taekwondo

The Taekwondo class will serve as an introduction to Olympic Sparring. Children will develop flexibility, agility, and coordination with the feet while learning self discipline and respect for themselves and others.

\$40 Mandatory uniform fee, \$85 Optional Sparring Fee, \$10 T-Shirt optional fee

Fee: \$50

Instructor: Nelson Lumbi

Location: Salt Lake Park Social Hall (3401 E. Florence Ave.)

1/8/19 to 1/31/19	Tues/ Thurs	6:00pm - 7:00pm	8 classes	Ages: 7+
2/12/19 to 3/7/19	Tues/ Thurs	6:00pm - 7:00pm	8 classes	Ages: 7+
3/19/19 to 4/11/19	Tues/ Thurs	6:00pm - 7:00pm	8 classes	Ages: 7+
4/23/19 to 5/16/19	Tues/Thurs	6:00pm - 7:00pm	8 classes	Ages: 7+

Nippon Kempo (Self Defense)

Nippon Kempo uses self-defense techniques in sticking, kicking, throwing, reverse-holds, and ground combat. Nippon Kempo is very similar to MMA/UFC martial arts where students will use body armor during training and competition tournaments. Students will also learn leadership skills, anti-bullying, health & wellness, and nutrition education.

\$40 mandatory uniform fee

Fee: \$40

Instructor: Manuel Prieto

Location: Perez Park Banquet Hall (6208 Alameda St.)

1/8/19 to 1/31/19	Tue & Thurs	6:00pm - 7:00pm	8 classes	Ages: 5+
2/12/19 to 3/7/19	Tue & Thurs	6:00pm - 7:00pm	8 classes	Ages: 5+
3/19/19 to 4/11/19	Tue & Thurs	6:00pm - 7:00pm	8 classes	Ages: 5+
4/23/19 to 5/16/19	Tue & Thurs	6:00pm - 7:00pm	8 classes	Ages: 5+

Drawing With Dave



This drawing class will provide students with a constructive positive environment where students will gain self-awareness and confidence as they learn multiple skills and principles that will help them harness their potential to flourish as artists.

Fee: \$30

Instructor: David Valdovinos

Locations: Salt Lake Park Club Room #1 (3401 E. Florence Ave.)

Wednesday Classes

1/9/19 to 1/30/19	Wednesday	5:00pm - 6:30pm	4 classes	Ages 8-15
2/13/19 to 3/6/19	Wednesday	5:00pm - 6:30pm	4 classes	Ages 8-15
3/20/19 to 4/10/19	Wednesday	5:00pm - 6:30pm	4 classes	Ages 8-15
4/24/19 to 5/15/19	Wednesday	5:00pm - 6:30pm	4 classes	Ages 8-15

Saturday Classes

1/12/19 to 2/2/19	Saturday	10:00am - 11:30am	4 classes	Ages 8-15
2/16/19 to 3/9/19	Saturday	10:00am - 11:30am	4 classes	Ages 8-15
3/23/19 to 4/13/19	Saturday	10:00am - 11:30am	4 classes	Ages 8-15
4/27/19 to 5/18/19	Saturday	10:00am - 11:30am	4 classes	Ages 8-15



Watercolor Painting

Learn the fundamentals of water color painting in this fun class. Students will have the opportunity to cultivate artistic interest and expression. They will also have the change to discover their artistic talents.

Fee: \$25

Instructor: Alicia Salazar

Location: Club Room 1

2/12/19 to 3/5/19	Tuesday	6:00pm - 7:00pm	4 classes	Ages: 7+
3/19/19 to 4/9/19	Tuesday	6:00pm - 7:00pm	4 classes	Ages: 7+
4/23/19 to 5/14/19	Tuesday	6:00pm - 7:00pm	4 classes	Ages: 7+



RECREATION CLASSES

Class availability, dates, and times are subject to change. For more information please contact the Recreation Center at (323) 584-6218.

DANCE

Folklorico

Join the fun in Folklorico dance. Learn about Mexican culture through fun and enjoyable Folklorico dances that represent the different regions of Mexico. No previous experience necessary. *Please speak with instructor regarding additional costs for shoes, attire, etc.*

Fee: \$35 **Instructor:** Aaron Cruz

Location: Salt Lake Park Club Room #4 (3401 E. Florence Ave.)

Tuesday Classes

Folklorico Beg.	1/8/19 to 2/12/19	4:30pm - 5:30pm	6 classes	Ages: 4 - 7
Folklorico Beg.	2/26/19 to 4/2/19	4:30pm - 5:30pm	6 classes	Ages: 4 - 7
Folklorico Beg.	4/16/19 to 5/21/19	4:30pm - 5:30pm	6 classes	Ages: 4 - 7
Folklorico Int.	1/8/19 to 2/12/19	5:30pm - 6:30pm	6 classes	Ages: 8 - 13
Folklorico Int.	2/26/19 to 4/2/19	5:30pm - 6:30pm	6 classes	Ages: 8 - 13
Folklorico Int.	4/16/19 to 5/21/19	5:30pm - 6:30pm	6 classes	Ages: 8 - 13

Merengue

Join the fun in our newest dance class, Merengue. Learn about the steps through simple, fun and enjoyable choreography. No partners or previous experience necessary. *Please speak with instructor regarding additional costs for shoes, attire, etc.*

Fee: \$35 **Instructor:** Aaron Cruz

Location: Salt Lake Park Club Room #4 (3401 E. Florence Ave.)

Merengue	1/8/19 to 2/12/19	6:30pm - 7:30pm	6 classes	Ages: 8 - 13
Merengue	2/26/19 to 4/2/19	6:30pm - 7:30pm	6 classes	Ages: 8 - 13
Merengue	4/16/19 to 5/21/19	6:30pm - 7:30pm	6 classes	Ages: 8 - 13

Ballet

This creative movement class will introduce the basics of ballet techniques and terminology. Class includes learning body alignment, posture and flexibility. *Participants must wear a leotard, leather ballet shoes, and hair in a bun.*

Fee: \$40 **Instructors:** Yasmin Cruz

Location: Salt Lake Park Club Room #4 (3401 E. Florence Ave.)

Saturday Classes

Pre Ballet	1/12/19 to 2/16/19	12:00pm - 12:45pm	6 classes	Ages: 3.5 - 4
Pre Ballet	3/2/19 to 4/6/19	12:00pm - 12:45pm	6 classes	Ages: 3.5 - 4
Pre Ballet	4/20/19 to 5/25/19	12:00pm - 12:45pm	6 classes	Ages: 3.5 - 4
Kinder Ballet	1/12/19 to 2/16/19	11:00am - 11:45am	6 classes	Ages: 5 - 6
Kinder Ballet	3/2/19 to 4/6/19	11:00am - 11:45am	6 classes	Ages: 5 - 6
Kinder Ballet	4/20/19 to 5/25/19	11:00am - 11:45am	6 classes	Ages: 5 - 6
Beg Ballet	1/12/19 to 2/16/19	10:15am - 11:00am	6 classes	Ages: 7 - 11
Beg Ballet	3/2/19 to 4/6/19	10:15am - 11:00am	6 classes	Ages: 7 - 11
Beg Ballet	4/20/19 to 5/25/19	10:15am - 11:00am	6 classes	Ages: 7 - 11
Int Ballet	1/12/19 to 2/16/19	9:00am - 10:15am	6 classes	Ages: 9+
Int Ballet	3/2/19 to 4/6/19	9:00am - 10:15am	6 classes	Ages: 9+
Int Ballet	4/20/19 to 5/25/19	9:00am - 10:15am	6 classes	Ages: 9+



How to Register

1. Fill out the Activity or League Registration Form. The form is available online at www.hpca.gov or at the Salt Lake Park Recreation Center (3401 E. Florence Ave.).
2. Take the completed Activity/League Registration Form and payment to the Salt Lake Park Recreation Center.

NOTE: Fees are payable by Check, Money Order, Visa, or MasterCard only (no cash). Make payment to "City of Huntington Park".

*Cash is only accepted for drop in programs (Adult Drop in Volleyball and Drop in Soccer) and there are NO REFUNDS.

REFUNDS: Our policy changed effective June 1, 2018.

Thank you for your continued involvement in our programs. As of June 1st, 2018 a change was made to our refund policy. The new refund policy is as follows:

All refunds and cancellations are subject to a \$15 processing fee. Refunds will not be issued after the first class meeting. A full refund will be issued in the event that a program is cancelled by the Department of Parks and Recreation. For Adult Sports and Facility Rentals, please see general information forms.

SPORTS

Sports availability, dates, and times are subject to change. For more information please contact the Recreation Center at (323) 584-6218.

YOUTH SPORTS LEAGUES

The City of Huntington Park's Youth Sports program is recreational in nature and provides a safe, enjoyable and rewarding opportunity for boys and girls ages 4-17 to engage in physical activity. Youth Sports teach life skills like the importance of teamwork, competing through adversity, responsibility, dedication and commitment. At the end of the day, youth sports is simply about having fun, learning how to compete gracefully, and making new friends.



Program	Ages	Fee	Registration
Little Kickers	4 - 6	\$65*	3/04/19-5/13/19
Little Dribblers	4-6	\$65*	12/03/18-02/23/19
Youth Baseball	4-11	\$65*	01/07/19-03/09/19
Girls Basketball	7-17	\$65*	01/21/19-06/03/19

*Fee is \$65 per child before registration deadline for Huntington Park residents and \$70 per child non-resident. There is a \$10 late fee for all registrations after the deadline.

Registration Requirements

1. Complete the Activity Registration Form and pay the registration fee
2. Sign the Parent Code of Conduct
3. Provide a copy of the participant's birth certificate
4. Please note refunds will not be issued after the first practice as of 6/1/2018.

DROP IN SPORTS PROGRAMS

The Drop-in programs offer informal play organized by the participants on the field or court—there are no set teams, referees, scores, or standings taken. All drop-in opportunities are geared for both men and women of all experience levels as a means to stay active through sport.

Day		Ages	Time	Fee	Location
Mon-Fri	Soccer	All Ages	2pm-4pm	FREE	SLP Artificial Field
Tues.	Volleyball	16+	9pm-12am	\$2	SLP Gym
Wed.	Soccer	All Ages	4pm-10pm	\$3	SLP Artificial Field
Fri.	Soccer	All Ages	8pm-10pm	FREE	Soccer Square

**Drop-in schedules are subject to change. For more information please contact the Recreation Center at (323) 584-6218. SLP (Salt Lake Park)*



ADULT SPORTS LEAGUES

The City of Huntington Park's Adult Sports programs provide an opportunity for adults to take part in an organized and structured athletic program that encourages its participants to achieve a sense of personal enjoyment, physical growth and improvement.

Program	Day	Team Fee	Registration
Men's Basketball (Winter)	Friday	\$412	11/19/18-01/05/19
Coed Softball Uppers	Wednesday	\$378	11/19/18-02/02/19
Coed Softball Lowers	Wednesday	\$378	11/19/18-02/02/19

YOUTH COMMISSION

The City of Huntington Park set ten Youth Commission positions for young individuals determined to make positive changes in their community by voicing the concerns of the community. They serve on the Commission in order to connect the community with the local government. Additionally, the Commission dedicates their time volunteering at events and holidays in order to make it enjoyable for the community. Chair Kimberly Guzman, Vice Chair Ashley Ceballos, Secretary Nelly Perez, Commissioner Joel Palma, Commissioner Alyssa Rivas, Commissioner and Commissioner Denisse Pedroza care greatly about making positive changes in the community, especially for the future generation. The Youth Commission meets the first Monday each month in the Lounge at Salt Lake Park at 4pm. For more information on becoming a youth commissioner please visit www.hpca.gov or contact Human Resources at (323) 582-6161.

SENIOR PROGRAM

Join and participate in the Senior Program located at the Huntington Park Community Center (6925 Salt Lake Ave). The Senior Program takes place every Monday, Wednesday and Friday from 9:00am - 4:00pm and Tuesday, Thursday from 9:00am - 1pm. Senior activities include dancing, karaoke, light exercise classes, venturing off on excursion trips, and partaking in recreational activities. In collaboration with Human Services Association (HSA) the Huntington Park Senior Nutrition Program is in full effect Monday - Friday between 11am-1pm with a suggested donation of \$2.25 for seniors 60+ and \$6.00 for non-seniors. Please contact the Recreation Center at (323) 584-6218 or stop by the Huntington Park Community Center to sign up. Prior sign up is required to participate in the nutrition portion of the senior program. Please bring a photo identification to register for the nutrition program.

FACILITY & ATHLETIC RENTALS

Reservations for parties and banquets, trainings and meeting rooms are available at multiple sites throughout the City of Huntington Park. Athletic facilities for practices and games are available at Salt Lake Park. Please contact the Recreation Center at (323) 584-6218 or visit www.hpca.gov for more information on rentals or to schedule a visit.



PARK LOCATIONS & HOURS OF OPERATION

Salt Lake Park Recreation Center 3401 E. Florence Ave. (323) 584-6218	Monday - Thursday Saturday Friday and Sunday	8am - 7pm 8am - 2pm Closed
Raul Perez Park Recreation Office 6208 Alameda St. (323) 584-6363	Monday - Thursday Friday - Sunday	11am - 7pm Closed
Freedom Park 3801 E. 61st St. (323) 584-6207	Monday - Friday Saturday and Sunday	1pm - 5pm Closed
Huntington Park Community Center 6925 Salt Lake Ave. (323) 584-6218	Monday, Wednesday, Friday Tuesday and Thursday Saturday and Sunday	9am - 4pm 9am - 1pm Closed
Robert H. Keller Park 6550 Miles Ave.	Monday - Sunday	6:00am - 10pm
Chesley Park 6531 E. Albany St.	Monday - Sunday	6:00am - 10pm

FACILITY PASSES

Facility passes provide access to City fitness facilities at two locations (Salt Lake Park and Raul Perez Park). Facilities include fitness rooms, gymnasium and lockers. For more details, contact the Recreation Center at (323) 584-6218.

Pass Type	Salt Lake Park	Perez Park
Annual Adult	\$50	\$40
Annual Youth	\$15	\$15
Monthly	\$15	\$15
Daily	\$5	\$5



RECREATION CLASSES

FARMERS' MARKET

Grab your market basket and visit the Huntington Park Farmers' Market every Wednesday (rain or shine) from 8:30am to 1:30pm at Salt Lake Park. The farmers market provides residents access to healthy organic options which complement the City's efforts to become a healthier Huntington Park. Products available include: bee products, fruit/veggie juices, fruit jellies, fruits, vegetables, herbs, nuts, plants, baked goods, beverages, cakes, crepes, fruit cups, spreads, granola, kettle corn, roasted corn, wheatgrass juice, Salvadorian foods, Mexican foods, and more.



TINY TOTS

The City of Huntington Park's Tiny Tot program is geared for preschool aged children and is designed to build self-esteem, develop socialization skills, develop a sense of independence, assist children in learning how to play and share with others, assist children in learning how to express themselves through arts & craft, music and dance activities, develop a basic understanding of shapes, colors, numbers, the alphabet, expand their vocabulary and listening skills, and foster a positive attitude towards school.

A birth certificate and TB test are required for registration. All participants must be potty-trained and able to eat on their own.

Registrations begins December 10, 2018.

Fee:	Age:	Days:	Time:	Session Dates:
\$85	3- 4	Tue & Thu	10:45am- 12:45pm	01/08/19 to 03/26/19

AFTER SCHOOL

The After School Program provides a place for school-aged children to be with their friends, with structured activities, supportive adults, and good nutrition. Participants will engage in various activities including: homework assistance, arts & crafts, intramural sports, & more! **Parent registration at site is required to participate in program.**

Fee: FREE

Ages: 6 - 16

Robert H. Keller Park	6550 Miles Ave.	2:00 - 5:00 pm	Mon - Fri
Freedom Park	3801 E. 61st St.	2:00 - 5:00 pm	Mon - Fri
Salt Lake Park	3401 E. Florence Ave.	2:00 - 6:00 pm	Mon - Fri

